



Prospectus 2023 - 24

Thank you for your interest in our education programme for **2023-24**.

The next intake for our **International On-Line Foundation Course** is on 4 Sept, 2023. This will provide a structured but flexible home-learning programme, supported by Zoom group tutorials. Some participants may also be eligible for clinical training attachments. Bursary support may be available.

Our courses have been running for 29 years and comprise three levels: Foundation, Post-Foundation & Pre-membership. **Registration** is open to qualified health care professionals including Doctors, Dentists, Nurses, Midwives, Pharmacists, Podiatrists and others. Course participants are provided with comprehensive support materials and have access to optional study groups and additional on-line resources. Unique **virtual training clinics** have been developed for all our Post Foundation Learners.

The next intake of our new on-line/blended **Post-Foundation Course** begins in March 2024.

Anyone who has completed our Foundation Course is welcome to apply but applicants should check their eventual eligibility for Membership with the Faculty of Homeopathy. These courses form part of the nationally accredited **Course in Medical Homeopathy for Health Care Professionals**.

We hope to re-establish face to face training options in 2024 if conditions allow. Please revisit our site or sign up for newsletters if this option is of interest to you. [See all our published dates for 2023-4 overleaf.](#)

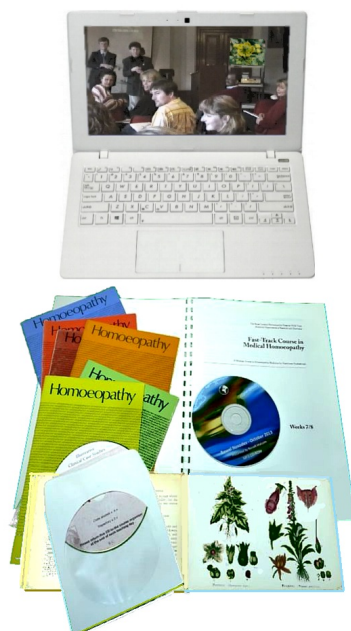
The **Pre-membership course** is now provided on-line with 'blended learning' options planned. Applicants are required to have passed the PHCE prior to sitting the Faculty's Membership Examination.

Virtual teaching clinics have been introduced to provide a clear framework for clinical training. Video consultations for study are presented and discussed online.

Those studying homeopathy through other Faculty accredited schools are welcome to augment their training by signing up to modules of particular interest/relevance to their work.

To support those currently at intermediate and advanced stages in their studies with other centres, we will run weekly **Zoom Evening Case Study Groups**. The autumn term will begin in September 2023.

This will allow discussion of paper/video case studies (viewable online). Participants can practice case analysis in their own time and bring their treatment suggestions to the weekly online group discussion sessions. We will track at least one chronic case from week to week and discuss contributed cases and some practical prescribing for acute and subacute clinical scenarios.



DATES 2023 - 24

On-Line Foundation Course Start Dates: ([view outline Programme](#))

September 4, 2023 - ends Feb 10, 2023 (incl. Dec break and Oct reading week)
January 15, 2024 - ends May 18, 2024

Post-Foundation Course Dates:

INTERMEDIATE ([view Intermediate Programme](#))

Month 1: Sept. 11, 2023 (Intermediate, Semester 2)

Month 2: Oct. 9, 2023

Month 3: Nov. 6, 2023 (ends December 3, 2023)

PRE-MEMBERSHIP ([view Pre-membership Programme](#))

Month 1: August 28, 2023 (Pre-membership, Semester 2)

Month 2: September 25, 2023

Month 3: October 23, 2023 (ends November 18)

Zoom Evening Case Study Groups (Autumn Semester)

Registration by application to Director of Studies only

Taught FOUNDATION COURSE (to be confirmed)

Live Teaching Days, at the Education Centre,
Royal Victoria Hospital, Jedburgh Road, Dundee DD2 1SP

Part 1 - 8 September, 2023
Part 2 - 20 October, 2023
Part 3 - 10 November, 2023
Part 4 - 8 December, 2023
Part 5 - 20 January, 2024

Year 4 Group: 2023 -24

Format under discussion and dates to be announced (open to non registrants)

Women's Health Course

12 weeks from Jan 22, 2024

Outline of Foundation Studies

The New International On-Line Foundation Course

Our last, fully modular, face to face Introductory Course took place at RLHIM in the 2019-20 academic year. Since going on-line, there have been a number of changes to the structure and content of the Foundation Course.

A summary of the 80 mini-modules that make up the new On-line Foundation Course is provided below.

FOUNDATION COURSE - Outline (audiovisual content not listed)

Core text 1a - A general introduction
Core text 1b - Introductory video case tutorial
Core text 1c - Notes on Homeopathic pharmacy
Core text 1d - Materia medica of *Arnica montana*

Core text 2a - The History of Homeopathy
Core text 2b - Introduction to Isopathy
Core text 2c - Stocking and Dispensing Remedies
Core text 2d - Materia medica of *Arsenicum album*

Outline continued overleaf >>>>>>>

CONTENT REVIEW SERVICE

Before embarking on Intermediate Training, some learners like to review what they have already covered in their Foundation Course, particularly if it has been some time since they sat their PHCE exam.

If you studied for your PHCE elsewhere, or gained your LFHom in London before the on-line course was introduced, you may wish to check whether there are any sections that you would like to revise or review in advance of your Intermediate Course.

To obtain copies, please note any of the unit numbers from the course outline below that you wish to review. Current holders of LFHom can purchase individual sections on application to our Director of Studies.

IMPORTANT

All review sections are provided on a single-user license for the exclusive use by learners currently registered on one of our courses.

Most of the texts below contain live links to our in-house on-line video presentations, and / or links to other open-source materials.

To order individual review modules: please email us at rlhh.education@gmail.com
Quoting which modules you require.

Modules and invoicing for this service will be arranged via email by return.

Outline of Foundation Studies - continued

Core text 3a - Introduction to History-Taking
Core text 3b - Virtual Case-Taking Exercise
Core text 3c - Strange, Rare & Peculiar Symptoms
Core text 3d - Materia medica of *Cantharis vesicularis*

Core text 4a - Research in Homeopathy
Core text 4b - Books
Core text 4c - Safety
Core text 4d - Materia medica of *Ruta* and *Cuprum*

Core text 5a - Response Patterns in Homeopathy
Core text 5b - The Concept of Suppression
Core text 5c - Topical Preparations
Core text 5d - Materia medica of *Rhus toxicodendron*

Core text 6a - Prescribing Strategies
Core text 6b - The Layered Prescribing Model
Core text 6c - Aetiological Prescribing - Case Study
Core text 6d - Materia medica of *Ledum palustre*

Core text 7a - The Placebo Response
Core text 7b - Aetiological Prescribing (II) - Case Study
Core text 7c - Comparative Materia Medica
Core text 7d - Prescribing in Acute Stress States

Core text 8a - Materia medica of Anxiety states
Core text 8b - *Argentum nitricum*
Core text 8c - *Aconitum napellus*
Core text 8d - Introduction to the repertory

Core text 9a - Materia medica of Grief - *Ignatia amara*
Core text 9b - *Natrum muriaticum*
Core text 9c - Grief in the Repertory & *Phosphoric acid*
Core text 9d - Case Studies & response patterns revised

Core text 10a - Clinical Observation in Paediatric Prescribing
Core text 10b - Materia medica of Childhood Acutes I
Core text 10c - Materia medica of Childhood Acutes II
Core text 10d - Introduction to Hahnemann's *Organon*

Core text 11a - Introduction to Constitution
Core text 11b - The evolution of Constitutional thinking
Core text 11c - The Constitutional Picture of *Sulphur*
Core text 11d - *Sulphur* and its Relations

Core text 12a - Constitutional picture of *Nux Vomica*
Core text 12b - The Angry Patient
Core text 12c - Homeopathy and Functional Medicine
Core text 12d - Vitalism and Systems-Thinking

Outline of Foundation Studies - continued

Core text 13a - Constitutional picture of *Calc. carb*

Core text 13b - Mineral remedies: the Calc salts

Core text 13c - Constitutional picture of *Pulsatilla*

Core text 13d - 'The Patient Not the Cure'

Core text 14a - Constitutional picture of *Phosphorus*.

Core text 14b - Validating Constitutional Types

Core text 14c - Constitutional picture of *Sepia*

Core text 14d - Homeopathy & Infections - Introduction

Core text 15a - *A perspective on Infection* and materia medica of *Hepar Sulph.*

Core text 15b - Silica - Keynotes and Constitutional Essence

Core text 15c - *Mercurius solubilis* Keynotes and Constitutional Essence

Core text 15d - Therapeutics: Sore Throat - introducing *Phytolacca* and *Ailanthus*

Core text 16a - Ethics and responsibility in the treatment of Acutes

Core text 16b - Therapeutics of Viral Coughs and Colds

Core text 16c - Ferrum phos / Gelsemium - clinical timing - rates of illness onset

Core text 16d - Respiratory Therapeutics - Case Studies SAQ

Core text 17a - Viral Infections with Cutaneous Symptoms Warts, Herpes

Core text 17b - *Thuja occidentalis* - materia medica and (constitutional notes)

Core text 17c - Nosodes in Post-infective states. *Sycotic co.* materia medica

Core text 17d - Homeopathy in Epidemics and Pandemics

Core text 18a - *Kali bichromicum* - materia medica studies

Core text 18b - Hayfever - therapeutic keynotes

Core text 18c - First Aid and Sports Injuries

Core text 18d - Injury & Woundcare I

Core text 19a - Non-oral routes of administration

Core text 19b - Injury & Woundcare I

Core text 19c - Premenstrual Syndrome

Core text 19d - Computerised Decision-Support Tools

Core text 20a - How to support your patient during specialist homeopathic treatment

Core text 20b - The Second Prescription

Core text 20b - What to do when a well indicated remedy fails

Remedy relationships

Core text 20d - Revising for the PHCE

Homeopathic Organisations)

The way forward ..

[Go to Course Dates](#)

TUTORIALS

Q&A Tutorial MONTH 1 (zoom) Units 1-4

Q&A Tutorial MONTH 2 (zoom) Units 5-8

Q&A Tutorial MONTH 3 (zoom) Units 9-12

Q&A Tutorial MONTH 4 (zoom) Units 13-16

Q&A Tutorial MONTH 5 (zoom) Units 17-20

Outline of Post-Foundation Studies

Intermediate 1:

Practical Prescribing: GI Therapeutics
ENT Therapeutics

Principles / Practice Advanced Case Taking
Prescribing Methodology

Analysis Skills Set Repertorisation

Week 12 - Introduction to Remedy Families + Pharmacy Notes + Research Notes

Intermediate 2:

Practical Prescribing: Respiratory Therapeutics
Cardiovascular Therapeutics
Urinary Therapeutics

Principles / Practice: Focus on Mineral Remedies

Analysis Skills Set: Group Analysis

Week 12 - Obstacles to Cure + The Bowel Nosodes

[Go to Course Dates](#)

Premembership 1:

Practical Prescribing: Gynae Therapeutics
Therapeutics of Fertility,
Pregnancy and Motherhood

Principles / Practice: Focus on Plant Remedies
Animal Groups: Serpents & Sea Remedies

Analysis Skills Set: The Organon
Critical Thinking

Week 12 - Women's Health / Men's Health

Outline continues overleaf >>>>>>>

Premembership 2: The Final Semester

Aims:

Prepare for Integration of Homeopathy:

Options for Service Provision
Options for Practice
Options for Engagement
Options for Activism
Options for Academia / Research

Readiness for the Membership Examination:

Qualification
Recognition
Community & Networking
Professional Identity

Options for Specialist Registration
Options to Practice & Teach

Content outstanding:

Practical Prescribing: Neuro Therapeutics
Endocrine Therapeutics
Therapeutics of Cancer care

Principles / Practice: Animal Groups: Spiders & Insects

Analysis Skills Set: Strategic and Sequential Prescribing
(Chronic and Multi-morbid Cases)
Holistic Synthesis in Multi-factorial Conditions
Advanced Repertory Method

Course Based Assessment:

Student learning portfolio
Student written-up cases
One Marked Essay (see P&P topics from Semester 1)

[Go to Course Dates](#)

Pre-membership 2: Final Semester

Mentoring / Learning Support:

Collaborative Learning (Weeks 1 - 5)
Week 6 Teaching Days (Face to face / blended)
1:1 sessions (Week 3 & Week 9)
Student Case Presentations / Discussions (Weeks 9 - 11)
Assessment & Feedback (Week 12)

Options:

Week 6/7 (to discuss to discuss with student group)
Manufacturing Pharmacy Visit (tbc)
Clinical Observership - CIC / RLHIM (tbc)
Botanical Field-Trip (tbc)
Organise and take-part in a proving (tbc)

Learner Responsibilities:

Review the Faculty's Guidelines for Candidates
Communicate with the Academic Officer at the Faculty
Register for the Membership Exam by the deadlines set by the Faculty
Identify and communicate your particular learning requirements - early
Regularly (and routinely) use / prescribe homeopathy
Participate actively in collaborative learning activities
Submit written work and cases by the course deadlines

Recommendations:

Share your learning tips and discoveries with your fellow learners.
Consider organising your own catch-up sessions / discussions.
Catch up with course reading over the summer break.
Use the reflection in the Q&A documentation to guide your studies.
Record your answers in the P&P Q&A worksheets and save in portfolio.
Refer to the additional recommended reading list and choose some readers for yourselves.
Make enquiries of suitably qualified practitioners concerning sitting in or observing clinics / supervising case-taking.

Course Learning Aims and Objectives

1. Aims

The educational aims are:

- to attain expertise at either specialist or non-specialist levels in medical homeopathy.
- to become proficient to a high standard of safety & effectiveness in homeopathic medicine ¹ (membership level courses and above).
- to improve patient care through the increasingly close integration of homeopathy and medicine.
- to attain expertise that is comparable in scope and depth to other specialist medical disciplines.
- to honour boundaries of competence appropriate to both the student's clinical speciality and their level of training. ²

Homeopathy is a heuristic discipline and requires clinical experience that is appropriate to each stage of the learning process. Participants are given advice on how to apply the skills they are taught within their own clinical settings. Homeopathic prescribing should be undertaken by the practitioner throughout their training. As training proceeds homeopathic methodology is validated and refined by means of: a) direct clinical experience, b) formalised clinical audit, c) clinical case presentation and d) peer group discussion.

note 1. The homeopathic medical training provided via RLHH-education.com advocates the teaching of therapeutics with bona fide research, outcome studies, or case studies (live, recorded and documented), as far as possible.

note 2. Boundaries of competence are outlined in the Faculty's Core Curriculum

2. Overview of the Learning Objectives for Medical Homeopathy

Each trained homeopathic practitioner must be able to display:

KNOWLEDGE

- Complete familiarity with all the **basic precepts** which define homeopathy
- Familiarity with a range of **conceptual models** for health and disease
- A sound working knowledge of a **defined range of homeopathic medicines**
- Knowledge and experience of treatment **outcomes** and their clinical implications

APPLIED KNOWLEDGE

- **Diagnostic facility** (clinical history, examination, investigation, diagnosis, prognosis)
- Facility in the use of **reference materials** and decision-support tools. ⁴
- A **generalist knowledge-base** in respect of modern conventional medicine paired with **specialist methodological skills** applied to non-compartmentalised, holistic, medicine.

PRACTICAL PROFICIENCY

- Advanced **communication skills**
- Astute **observation** which extends examination technique to include perception of :
 - physiological reactions
 - sociological and psychological dynamics
 - typological and idiomatic features
- **Perceptive and flexible** application of the **extended medical history**. ⁵
- Accurate recording, collation, organisation, interpretation and transmission of information
- Adaptable treatment methodologies orientated to the **individual needs** of the patient.

ETHOS

- **Flexible and non-prejudicial approach** to both facilitatory and compensatory methods of treatment.
- Openness to critical **self-audit and reflective practice** as part of an ongoing learning process. ³
- Qualities of **attitude** (an ethos of commitment, caring, professionalism, & integrity)

3. Critical evaluation and reflective practice

The training provided at RLHH-education.com promotes the critical evaluation of clinical outcomes:

- to prevent misconceptions in the self-learning process
- to ensure the veracity of the methodology and data that is fed back into training others
- to encourage probative research and clinical audit
- to ensure that subsequent treatment is appropriate and effective

The critical evaluation of homeopathic treatment requires that the trained homeopathic physician has some understanding of:

- the placebo response
- reaction patterns following homeopathic treatment
- therapeutic outcomes and a knowledge of existing outcome scales used in clinical audit
- specialist research methodologies used in complementary / alternative medicine

4. Applied knowledge

The selection of a successful homeopathic medicine usually requires the careful matching of a multiplicity of clinical signs and symptoms with an analogous remedy profile. This process often involves the analysis of selected patient information using a symptom index (repertory) and a catalogue of remedy data (materia medica).

The trained homeopathic physician should have a detailed knowledge of these prescribing tools and should demonstrate practical skill in the use of these texts or computerised data-sets.

Repertory	Materia medica
have intimate knowledge of the layout	understand the relative strengths / weaknesses of different references
demonstrate speed and accuracy of use	have critical awareness of the source(s) of the remedy data
show creativity in cross referencing	understand the various rationale for remedy relationships
be aware of idiosyncrasies of language	be familiar with the textual and layout conventions

5. The extended medical history (homeopathic history taking)

The extended history requires practitioner skill in communication, observation, individualisation, record keeping, analysis and interpretation. Regardless of the initial teaching methods employed, these skills can only be mastered through practice.

The provision of supervised practice training places is in short supply. The Faculty of Homeopathy holds a register of Clinical Supervisors and has implemented a programme of training for experienced medical homeopaths who have elected to provide supervision and post-membership mentoring. Regional study groups exist as a forum for peer-group support and the exchange of information and experience.

6. Learning objectives for Level 3 Training

Please refer to the Faculty's Guidelines for Candidates (MFHom).
Contact Lisa Peacock in the Academic Office to obtain a copy.

Our On-Line Course and Pre-membership course provide support for the attainment of the following skills and areas of understanding:

- advanced case-taking techniques and appropriate case recording.
- expertise in the effective use of repertory and materia medica.
- proficiency in case analysis including
 - symptom selection
 - symptom weighting
 - identifying suitable rubrics
 - cross referencing
 - repertorisation methodologies
- knowledge of all the prescribing strategies in routine clinical use.
- a supportable rationale for every prescription on the basis of the above
- appropriate timing and selection of second (and subsequent) prescriptions
- appropriate case management including:
 - potency selection, dosage, formulation and prescribing
 - appropriate intervals for case review and other practical aspects of practice
 - interpretation of remedy reaction patterns and their implication for case management
- ongoing awareness of appropriate boundaries of clinical expertise
- suitable background reading and knowledge of current activities in the field.
- a working knowledge of homeopathic therapeutics for common problems, eg.
 - atopic illness
 - recurrent infections
 - allergies
 - rheumatological conditions
 - behavioural and psychological problems
 - fatigue states
 - irritable bowel syndrome
 - chronic inflammatory or degenerative conditions
- knowledge of research methodologies applicable to homeopathic medicine

